



OCTOBER 2023 NEWSLETTER HIGHLIGHTS

To request a copy of the Newsletter by mail or e-mail please call (807) 274-2042.

OUR VISION & MISSION/OUR VALUES

Mino Ayawin - Good Health

ANNUAL GENERAL MEETING

Pictures showing what took place during the meeting

TRUTH & RECONCILIATION

Pictures showing what took place during the meeting

CELEBRATION

Have a party at home to celebrate Jordan River Anderson.

INDIGENOUS MIDWIFERY PROGRAM

Spotlight on Elaine Ross. Information about midwifery through birth, honouring language, cultural and traditions.

MENTAL ILLNESS AWARENESS WEEK

Annual national campaign to educate and inform about mental illness

BREAST CANCER AWARENESS MONTH

General information about breast cancer and where to look to find more in depth information.

RESPIRATORY VIRSUS PREVENTION

Suggestions to prevent catching respiratory viruses

MENTAL HEALTH & WMS

Details on the assistance that is available

FULL MOON CEREMONY

Details on where the ceremony will take place

CULTURAL CORNER

Words in Anishinaabemowin & English Colouring Page

BOOK OF THE MONTH

Red Paint By Sasha LaPointe

IMPORTANT DATES/UPCOMING EVENTS

Events happening in the community this month.

To find our Newsletters and more on our website, **www.fftahs.com** scan the QR Code. To request a copy of the Newsletter by mail or e-mail, please call (807) 274-2042.







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